

The Cookeville Jaycees  
&  
TTU Cross Country Team  
3<sup>rd</sup> Annual  
5K Run and Fitness Walk  
March 20, 2010

Location: Tucker Stadium, TTU Campus

Fees: \$20 before March 5<sup>th</sup>  
\$25 after March 5<sup>th</sup>

Registration: 7 a.m.

Race Begins: 8 a.m.

*Awards will be given by age brackets and gender. All pre-registered participants will receive a goodie bag and T-shirt. Refreshments will be available to all participants.*

Visit [www.cookevillejaycees](http://www.cookevillejaycees) for more information and for additional entry forms

Participant Information:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State

\_\_\_\_\_  
Zip

\_\_\_\_\_  
Home Phone

\_\_\_\_\_  
Cell Phone (optional)

\_\_\_\_\_  
Email

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Age

Sex: M F

Shirt Size: S M L XL

Waiver of responsibility: By participating in the "Cookeville Jaycees/TTU Cross Country 5K Run/Walk", I for myself, my executors, administrators and assigns, do hereby release and discharge the Cookeville Jaycees, Tennessee Tech University and/or Cross Country Team and all cooperating businesses and organizations from all claims of damages, demands, actions and whatsoever, in any manner arising or growing out of my participation, or that of my child in this event. I also give full permission for the use of my (or that of my child's) name and photographs in connection with this event.

\_\_\_\_\_  
Signature (Parent/Guardian if under 18)

Date

Mail Registration/Payment to: Cookeville Jaycees

PO Box 554

Cookeville TN 38503

Registration forms can also be dropped off at Mr. Tee's Screen Printing,  
611 S. Willow Ave., Cookeville TN

This is a Charity Event therefore no refunds will be given.